



Dear Parents,

Attached are the sports forms developed by the NJ Department of Education. No other forms are acceptable. All required forms must be completed in order for your child to participate on a sports team.

The forms are:

Permission to Participate	Completed by parent	Each school year
Part A Health History Questionnaire	Completed by parent	Each school year
Part B Physical Examination Form	Completed by doctor	Once every 365 days
Signed Sports-Related Concussion Fact Sheet	Completed by parent	Each school year
Signed Cardiac Fact Sheet	Completed by parent	Each school year
Signed Opioid Fact Sheet	Completed by parent	Each school year

Part A Health History Questionnaire must be presented to your doctor at the time of the student's physical.

All physicals must include a vision test.

If you have any questions, please feel free to contact me at 201-857-4785.

Sincerely,

J. Maliniak, RN
Windsor Bergen Academy