



Windsor Bergen

Lunch

May 2021				
Monday	Tuesday	Wednesday	Thursday	Friday
				ALTERNATIVES American Cheese on WW Hero 3.5oz
	<i>All of our food is made fresh Daily.</i>	<i>Our Featured Wellness Item of the month is highlighted in orange.</i>		
<p>3 Turkey and American Cheese on a Whole Wheat Hero Roll 3.5oz Large Bag Baby Carrots 3/4c 100% Apple Juice 4oz 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 4oz</p>	<p>4 Beef Bologna and American Cheese on a WW Roll 3.5oz Coleslaw 3/4 Cup Craisins 2 oz 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>	<p>5 Tuna Salad Cup 3oz WW Bread Sticks 1pk Celery Sticks 3/4 Cup 100% Apple Juice 4oz 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz</p>	<p>6 Turkey Ham and Cheese on WW Bread 3.5oz Cold Bean Salad 3/4C Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>	<p>7 Roast Beef on WW Hero Roll 3.2oz Large Bag Baby Carrots 3/4c 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>
<p>10 Turkey and American Cheese on WW Bread 3.5oz Large Bag Baby Carrots 3/4c 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>	<p>11 Beef Bologna and American Cheese on a WW Roll 3.5oz Farm and Orchard Veggie Splash 6 oz Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>	<p>12 Turkey Ham and Cheese on Whole Wheat Bread 2.5oz Cold Bean Salad 3/4C 100% Apple Juice 4oz 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>	<p>13 Turkey and American Cheese on a Whole Wheat Hero Roll 3.5oz Coleslaw 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>	<p>14 Beef Bologna and American Cheese on a WW Roll 3.5oz Large Bag Baby Carrots 3/4c 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>
<p>17 Turkey and American Cheese on a Whole Wheat Hero Roll 3.5oz Large Bag Baby Carrots 3/4c 100% Apple Juice 4oz 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>	<p>18 Beef Bologna and American Cheese on a WW Roll 3.5oz Coleslaw 3/4 Cup Craisins 2 oz 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>	<p>19 Tuna Salad Cup 3oz WW Bread Sticks 1 pack 100% Fruit Punch 4oz Celery Sticks 3/4 Cup 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz</p>	<p>20 Turkey Ham and Cheese on WW Bread 3.5oz Cold Bean Salad 3/4C Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>	<p>21 Roast Beef on WW Hero Roll 3.2oz Large Bag Baby Carrots 3/4c 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>
<p>24 Turkey and American Cheese on WW Bread 3.5oz Large Bag Baby Carrots 3/4c 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>	<p>25 Beef Bologna and American Cheese on a WW Roll 3.5oz Farm and Orchard Veggie Splash 6 oz Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>	<p>26 Turkey Ham and Cheese on Whole Wheat Bread 2.5oz Cold Bean Salad 3/4C 100% Apple Juice 4oz 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>	<p>27 Turkey and American Cheese on a Whole Wheat Hero Roll 3.5oz Coleslaw 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>	<p>28 Beef Bologna and American Cheese on a WW Roll 3.5oz Large Bag Baby Carrots 3/4c 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate, Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>
<p>31</p>				