



# Windsor Bergen

April 2024

## Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><i>All of our food is made fresh Daily.</i></p>			
1	2	3	4	5
<p><b>8</b>                      Whole Grain Apple Jacks 1ea                      Graham Crackers 3pk                      Apple Sauce Cup 1/2C                      1% Milk 8oz                      Fat Free Chocolate or Skim Milk 8oz</p>	<p><b>9</b>                      Oatmeal Raisin Breakfast Bar 1ea-2.5oz                      100% Apple Juice 4oz                      100% Orange Juice 4oz                      1% Milk 8oz                      Fat Free Chocolate or Skim 8oz</p>	<p><b>10</b>                      Whole Grain Cinnamon Toast Crunch 1ea                      Graham Crackers 3pk                      Granny Smith Green Apple 1ea                      1% Milk 8oz                      Fat Free Chocolate or Skim 8oz</p>	<p><b>11</b>                      W.G Strawberry Poptart 1ea                      100% Grape Juice 4oz                      100% Fruit Punch 4oz                      1% Milk 8oz                      Fat Free Chocolate or Skim 8oz</p>	<p><b>12</b>                      W.G Blueberry Muffin 1ea                      Fresh Macintosh Apple 1ea                      1% Milk 8oz                      Fat Free Chocolate or Skim 8oz</p>
<p><b>15</b>                      Whole Grain Frosted Flakes 1ea                      Graham Crackers 3pk                      Fresh Macintosh Apple 1ea                      1% Milk 8oz                      Fat Free Chocolate or Skim 8oz</p>	<p><b>16</b>                      Eggo Mini Maple Pancakes 1ea                      100% Apple Juice 4oz                      100% Orange Juice 4oz                      1% Milk 8oz                      Fat Free Chocolate or Skim 8oz</p>	<p><b>17</b>                      Whole Grain Fruit Loops 1ea                      Graham Crackers 3pk                      Granny Smith Green Apple 1ea                      1% Milk 8oz                      Fat Free Chocolate or Skim 8oz</p>	<p><b>18</b>                      Wrapped Whole Wheat Bagel 2oz                      Butter Pack .5 oz                      100% Grape Juice 4oz                      100% Fruit Punch 4oz                      1% Milk 8oz                      Fat Free Chocolate or Skim 8oz</p>	<p><b>19</b>                      W.G Corn Muffin 1ea                      Fresh Macintosh Apple 1ea                      1% Milk 8oz                      Fat Free Chocolate or Skim 8oz</p>
<p><b>22</b>                      Whole Grain Rice Krispies 1ea                      Graham Crackers 3pk                      Fresh Macintosh Apple 1ea                      1% Milk 8oz                      Fat Free Chocolate or Skim 8oz</p>	<p><b>23</b>                      Oatmeal Raisin Breakfast Bar 1ea-2.5oz                      100% Apple Juice 4oz                      100% Orange Juice 4oz                      1% Milk 8oz                      Fat Free Chocolate or Skim 8oz</p>	<p><b>24</b>                      Whole Grain Apple Jacks 1ea                      Graham Crackers 3pk                      Granny Smith Green Apple 1ea                      1% Milk 8oz                      Fat Free Chocolate or Skim 8oz</p>	<p><b>25</b>                      W.G Strawberry Poptart 1ea                      100% Grape Juice 4oz                      100% Fruit Punch 4oz                      1% Milk 8oz                      Fat Free Chocolate or Skim 8oz</p>	<p><b>26</b>                      W.G Banana Muffin 1ea                      Fresh Macintosh Apple 1ea                      1% Milk 8oz                      Fat Free Chocolate or Skim 8oz</p>
<p><b>29</b>                      Whole Grain Frosted Flakes 1ea                      Graham Crackers 3pk                      Fresh Macintosh Apple 1ea                      1% Milk 8oz                      Fat Free Chocolate or Skim 8oz</p>	<p><b>30</b>                      Eggo Mini Blueberry Pancakes 1ea                      100% Orange Juice 4oz                      100% Apple Juice 4oz                      1% Milk 8oz                      Fat Free Chocolate or Skim 8oz</p>			