



Windsor Bergen

Lunch

April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	<i>All of our food is made fresh Daily.</i>	<i>Our Featured Wellness Item of the month is highlighted in orange.</i>		
1	2	3	4	5
8 Homemade Ziti w/ Meat Sauce 6oz Wrapped WW Mountain Roll 1ea Honey Glazed Whole Baby Carrots 3/4 Cup 100% Apple Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz	9 Baked Chicken Sticks 8ea Wrapped WW Mountain Roll 1ea Spinach 3/4 Cup Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea	10 Meatballs w/ Marinara Sauce 3ea Wrapped WW Hot Dog Bun 1ea Red Beans 3/4 cup 100% Apple Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz	11 French Toast Sticks 3ea-3oz Turkey Sausage Links 3ea Baked Home Fries 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz Maple Syrup PC 1ea	12 Boxed Lunches 1ea Turkey and American Cheese on Whole Wheat Bread 1ea Large Bag Baby Carrots 3/4c 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Mayo 1ea
15 All Beef Hot Dog on a WW Bun 1ea Maple Baked Beans 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea PC Mustard 1ea	16 Crispy Chicken Breast on Whole Wheat Bun 3oz Corn 3/4 Cup Apple Sauce Cup 1/2C 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea	17 Hamburger on a WW Bun 1ea Whole Baby Carrots 3/4 Cup 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea	18 Cheese Ravioli w/ Marinara 3ea Broccoli 3/4C Wrapped Whole Wheat Bread 1ea Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz	19 Boxed Lunches 1ea Beef Bologna and American Cheese on Whole Wheat Bread 1ea Large Bag Baby Carrots 3/4c 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Mayo 1ea PC Mustard 1ea
22 Lean Beef Nachos w/ Cheese 2.5oz Lean Beef Taco Meat 2.5oz Shredded Cheddar .5 oz Black Beans 3/4c Bag Baked Tostitos Scoops 1ea Graham Crackers 3pk Apple Sauce Cup 1/2C 1% Milk 8oz Fat Free Chocolate or Skim 8oz	23 W.G Chicken Nuggets 5ea Wrapped WW Mountain Roll 1ea Mashed Potatoes 3/4 Cup Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea	24 Mozzarella Sticks 3ea Marinara Sauce 2oz Sliced Carrots 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz	25 WG Mini Corn Dog Nuggets 6 each Broccoli 3/4C Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Mustard 1ea	26 Boxed Lunches 1ea Turkey and American Cheese on Whole Wheat Bread 1ea Large Bag Baby Carrots 3/4c 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Mayo 1ea
29 Baked Chicken Patty on a Whole Wheat Bun 1ea Sliced Carrots 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea	30 Baked Chicken Tenders 3ea-3.39oz Wrapped Whole Wheat Bread 1ea Corn 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea			