



## Windsor Bergen

April 2025

### Breakfast

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
|---|---|---|--|--|
|    | <p><i>All of our food is made fresh Daily.</i></p>  |   |   |  |
|   | <p><b>1</b><br/>W.G Strawberry Poptart 1ea<br/>100% Apple Juice 4oz<br/>100% Orange Juice 4oz<br/>1% Milk 8oz<br/>Fat Free Chocolate or Skim 8oz</p>              | <p><b>2</b><br/>Whole Grain Rice Krispies 1ea<br/>Graham Crackers 3pk<br/>Granny Smith Green Apple 1ea<br/>1% Milk 8oz<br/>Fat Free Chocolate or Skim 8oz</p>         | <p><b>3</b><br/>Wrapped Whole Wheat Bagel 2oz<br/>Buffer Pack .5 oz<br/>100% Grape Juice 4oz<br/>100% Fruit Punch 4oz<br/>1% Milk 8oz<br/>Fat Free Chocolate or Skim 8oz</p> | <p><b>4</b><br/>W.G Blueberry Muffin 1ea<br/>Fresh Macintosh Apple 1ea<br/>1% Milk 8oz<br/>Fat Free Chocolate or Skim 8oz</p>  |
| <p><b>7</b><br/>Whole Grain Fruit Loops 1ea<br/>Graham Crackers 3pk<br/>Fresh Macintosh Apple 1ea<br/>1% Milk 8oz<br/>Fat Free Chocolate or Skim 8oz</p>    | <p><b>8</b><br/>Oatmeal Raisin Breakfast Bar 1ea-2.5oz<br/>100% Apple Juice 4oz<br/>100% Orange Juice 4oz<br/>1% Milk 8oz<br/>Fat Free Chocolate or Skim 8oz</p>  | <p><b>9</b><br/>Whole Grain Cinnamon Toast Crunch 1ea<br/>Graham Crackers 3pk<br/>Granny Smith Green Apple 1ea<br/>1% Milk 8oz<br/>Fat Free Chocolate or Skim 8oz</p> | <p><b>10</b><br/>Eggo Mini Blueberry Pancakes 1ea<br/>100% Grape Juice 4oz<br/>100% Fruit Punch 4oz<br/>1% Milk 8oz<br/>Fat Free Chocolate or Skim 8oz</p>                   | <p><b>11</b><br/>W.G Corn Muffin 1ea<br/>Fresh Macintosh Apple 1ea<br/>1% Milk 8oz<br/>Fat Free Chocolate or Skim 8oz</p>      |
| <b>14</b>   | <b>15</b>   | <b>16</b>   | <b>17</b>  | <b>18</b>  |
| <p><b>21</b><br/>Whole Grain Frosted Flakes 1ea<br/>Graham Crackers 3pk<br/>Apple Sauce Cup 1/2C<br/>1% Milk 8oz<br/>Fat Free Chocolate or Skim 8oz</p>     | <p><b>22</b><br/>Oatmeal Raisin Breakfast Bar 1ea-2.5oz<br/>100% Apple Juice 4oz<br/>100% Orange Juice 4oz<br/>1% Milk 8oz<br/>Fat Free Chocolate or Skim 8oz</p> | <p><b>23</b><br/>Whole Grain Apple Jacks 1ea<br/>Graham Crackers 3pk<br/>Granny Smith Green Apple 1ea<br/>1% Milk 8oz<br/>Fat Free Chocolate or Skim 8oz</p>          | <p><b>24</b><br/>Yogurt Cup 1ea<br/>Graham Crackers 3pk<br/>100% Grape Juice 4oz<br/>100% Fruit Punch 4oz<br/>1% Milk 8oz<br/>Fat Free Chocolate or Skim 8oz</p>             | <p><b>25</b><br/>W.G Blueberry Muffin 1ea<br/>Fresh Macintosh Apple 1ea<br/>1% Milk 8oz<br/>Fat Free Chocolate or Skim 8oz</p> |
| <p><b>28</b><br/>Whole Grain Rice Krispies 1ea<br/>Graham Crackers 3pk<br/>Fresh Macintosh Apple 1ea<br/>1% Milk 8oz<br/>Fat Free Chocolate or Skim 8oz</p> | <p><b>29</b><br/>Strawberry Poptarts 1pkg<br/>100% Apple Juice 4oz<br/>100% Orange Juice 4oz<br/>1% Milk 8oz<br/>Fat Free Chocolate or Skim Milk 8oz</p>          | <p><b>30</b><br/>Whole Grain Fruit Loops 1ea<br/>Graham Crackers 3pk<br/>Granny Smith Green Apple 1ea<br/>1% Milk 8oz<br/>Fat Free Chocolate or Skim Milk 8oz</p>     |  |  |