




Windsor Bergen

Lunch

May 2026				
Monday	Tuesday	Wednesday	Thursday	Friday
		<i>Happy Day May Day!</i>		
				<p>1 Turkey and American Cheese on Whole Wheat Bread 1ea Large Bag Baby Carrots 3/4c 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Mayo 1ea</p>
<p>4 Crispy Chicken Breast on Whole Wheat Bun 3oz Sliced Carrots 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea</p>	<p>5 WG French Toast Sticks 3ea-3oz Turkey Sausage Links 2ea Baked Home Fries 3/4 Cup Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Maple Syrup 1ea</p>	<p>6 Baked Chicken Tenders 3ea-3.39oz Wrapped WW Hamburger Bun 1ea Broccoli 3/4C Fresh Pear 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea</p>	<p>7 Lean Beef Nachos w/ Cheese 2.5oz Lean Beef Taco Meat 2.5oz Shredded Cheddar .5 oz Corn/Black Bean Mix 3/4 Cup Bag Baked Tostitos Scoops 1ea Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz Salsa PC 1 ea</p>	<p>8 Beef Bologna and American Cheese on Whole Wheat Bread 1ea Coleslaw 1/2 Cup 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>
<p>11 Turkey and American Cheese on a Whole Wheat Roll 1ea Large Bag Baby Carrots 3/4c 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>	<p>12 Popcorn chicken 3.5oz W.G Waffle 1ea Corn 3/4 Cup Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Maple Syrup 1ea</p>	<p>13 Sweet and Sour Meatballs 3ea Wrapped WW Hot Dog Bun 1ea Spinach 3/4 Cup Fruit Cup 1/2 Cup 1% Milk 8oz Fat Free Chocolate or Skim 8oz</p>	<p>14 Hamburger on a WW Bun 1ea Maple Baked Beans 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea</p>	<p>15 Turkey and American Cheese on Whole Wheat Bread 1ea 3-Bean Salad 1/2c 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Mayo 1ea</p>
<p>18 WG Macaroni w/ Beef 6oz Wrapped WW Mountain Roll 1ea Mashed Potatoes 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz</p>	<p>19 Baked Chicken Sticks 8ea Wrapped WW Mountain Roll 1ea Whole Baby Carrots 3/4 Cup Granny Smith Green Apple 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC BBQ Sauce 1ea</p>	<p>20 Spaghetti w/ Marinara Sauce 4 oz Meatballs w/ Marinara Sauce 3ea Wrapped Whole Wheat Bread 1ea Broccoli 3/4C Raisins 1 Box 1% Milk 8oz Fat Free Chocolate or Skim 8oz</p>	<p>21 Cheese Quesadilla 3 oz Corn/Red Bean Mix 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz Salsa PC 1 ea</p>	<p>22 Beef Bologna and American Cheese on Whole Wheat Bread 1ea Coleslaw 1/2 Cup 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>
	<p>26 Stuffed Cheese Sticks 2ea Marinara Sauce 2oz Honey Glazed Whole Baby Carrots 3/4 Cup Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz</p>	<p>27 Macaroni and Cheese 6oz Wrapped WW Mountain Roll 1ea Spinach 3/4 Cup Fresh Pear 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz</p>	<p>28 Crispy Chicken Breast on Whole Wheat Bun 3oz Maple Baked Beans 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Ketchup 1ea</p>	<p>29 Turkey and American Cheese on Whole Wheat Bread 1ea Large Bag Baby Carrots 3/4c 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Mayo 1ea</p>