Windsor Bergen

Lunch

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
				
2 W.G Chicken Nuggets 5ea Broccoli 3/4C 100% Fruit Punch 4oz Wrapped Whole Wheat Bread 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz Honey Mustard PC .75oz	3 Homemade Baked Ziti 6oz Meatballs w/ Marinara Sauce 2ea Sliced Carrots 3/4 Cup Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz	4 Chicken and Cheese Tortilla 1ea Wrapped WW Mountain Roll 1ea Corn 3/4 Cup 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz	5	6
9 Baked Chicken Tenders 3ea-3.39oz Maple Baked Beans 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC BBQ Sauce 1ea	10 Stuffed Cheese Sticks 2ea Marinara Sauce 2oz Whole Baby Carrots 3/4 Cup Fresh Apple Slices 1 Bag Fat Free Chocolate or Skim Milk 8oz 1% Milk 8oz	11 Boxed Lunches 1ea Turkey and American Cheese on Whole Wheat Bread 1ea Large Bag Baby Carrots 3/4c 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim 8oz PC Mayo 1ea	12 Eggoji Smile Waffle 1ea Turkey Sausage Links 2ea Baked Potato Tots 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz Maple Syrup PC 1ea	13 Beef Bologna and American Cheese on Whole Wheat Bread 1ea Large Bag Baby Carrots 3/4c 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Mayo 1ea PC Mustard 1ea
16 Hamburger on a WW Bun 1ea Sliced Carrots 3/4 Cup 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Ketchup 1ea	17 Bean and Cheese Burrito 1ea Broccoli 3/4C Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz	18 Baked Rosemary Chicken 4oz Mashed Potatoes 3/4 Cup Cornbread Stuffing 1/2 Cup Cranapple Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz	19 Lean Beef Nachos w/ Cheese 2.5oz Lean Beef Taco Meat 3oz Corn/Red Bean Mix 3/4 Cup Bag Baked Tostitos Scoops 1ea Shredded Cheddar .5 oz Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz	20 Turkey and American Cheese on Whole Wheat Bread 1ea 3-Bean Salad 1/2c 100% Apple Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Mayo 1ea
23 Crispy Chicken Breast on Whole Wheat Bun 3oz Baked Potato Tots 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Ketchup 1ea	24 Chicken Potstickers 6 Black Beans 3/4c Fresh Apple Slices 1 Bag 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz	25 WG Macaroni w/ Beef 6oz Sliced Carrots 3/4 Cup Wrapped Whole Wheat Bread 1ea Orange Pineapple Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz		27 
30 Baked Chicken Sticks 8ea Green Beans 3/4 Cup Orange Pineapple Juice 4oz Wrapped Whole Wheat Bread 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Ketchup 1ea				